

Student GEAR List 3-day camp

<input type="checkbox"/>	Boots	or other sturdy footwear if boots unavailable
<input type="checkbox"/>	Sport Shoes	2 x OLD pairs if possible – at least 1 pair will get wet and muddy
<input type="checkbox"/>	Waterproof Raincoat *	Large, waterproof and with a hood. PVC or similar (not a training shell top)
<input type="checkbox"/>	Over trousers *	At least windproof but preferably waterproof
<input type="checkbox"/>	Sleeping Bag	Preferably down or fibrefill – good insulation
<input type="checkbox"/>	Socks	2-3 x pairs of woollen socks
<input type="checkbox"/>	Thermal Pants	2 x wool / polyprop or trackpants (Jeans are not suitable for outdoors wear)
<input type="checkbox"/>	Jerseys *	2 x long sleeved woollen or fleece
<input type="checkbox"/>	Thermal Tops	2 x polyprop or wool tops
<input type="checkbox"/>	Hats	Beanie / Balaclava (woollen) and a cap or sun hat
<input type="checkbox"/>	Gloves	Woollen (mitts acceptable)
<input type="checkbox"/>	T-shirts	Enough to last 2-3 days (for wear in the evenings)
<input type="checkbox"/>	Shorts	2 x pairs (season / term dependent)
<input type="checkbox"/>	Underwear	Enough for 3-4 days
<input type="checkbox"/>	Torch	Small size (as you need to carry it) and include spare batteries
<input type="checkbox"/>	Toiletries	Include soap, toothbrush, toothpaste etc
<input type="checkbox"/>	Towels	2 x towels
<input type="checkbox"/>	Swimming Gear	May include your own wetsuit, although these are provided
<input type="checkbox"/>	First Aid	Personal medication (sunblock, insect repellent, personal first aid kit if needed)
<input type="checkbox"/>	Drink Bottle	1 – 1.5 litre
<input type="checkbox"/>	Pillow	and pillowcase
<input type="checkbox"/>	Lunch in named lunch box	You need to bring your own lunch for the first day; lunch supplied on other days
<input type="checkbox"/>	Biscuits / Home Baking	One packet or equivalent home baking for suppers and snacks during the camp. (These are to be handed into the kitchen on arrival)
<input type="checkbox"/>	Rubbish bag	For collecting up your washing at the end of the camp!!
<input type="checkbox"/>	OPTIONAL	Wetsuit / Sunglasses / Snacks

* These items are available at TOPEC to use. DO NOT spend money on expensive outdoor clothing that may not be used again.

CELLPHONES – TOPEC encourages cell phones to be left at home. Due to health and safety regulations; if cell phones are brought, please be aware that your child will not be contactable during TOPEC activity hours (8.30am-5pm).

If you need to contact your child urgently, you can call the TOPEC office (06) 758 0448 or Grover (director) 021 043 1884.