

## **Student GEAR List**

Boots	or other sturdy footwear if boots unavailable
Sport Shoes	2 x <b>OLD</b> pairs if possible – at least 1 pair will get wet and muddy
Waterproof Raincoat *	Large, waterproof and with a hood. PVC or similar (not a training shell top)
Over trousers *	At least windproof but preferably waterproof
Pack *	Large enough (60 litres+) to carry overnight gear, plus group equipment
Sleeping Bag	Preferably down or fibrefill – good insulation
Socks	3-4 x pairs of woollen socks
Thermal Pants	2 x wool / polyprop or trackpants (Jeans are not suitable for outdoors wear)
Jerseys *	2 x long sleeved woollen or fleece
Thermal Tops	2 x polyprop or wool tops
Hats	Beanie / Balaclava (woollen) and a cap or sun hat
Gloves	Woollen (mitts acceptable)
T-shirts	Enough to last 3-4 days (for wear in the evenings)
Shorts	2 x pairs (season / term dependent)
Underwear	Enough for 4-5 days
Torch	Small size (as you need to carry it) and include spare batteries
Toiletries	Include soap, toothbrush, toothpaste etc
Towels	2-3 x towels
<b>Swimming Gear</b>	May include your own wetsuit, although these are provided
First Aid	Personal medication (sunblock, insect repellent, personal first aid kit if needed)
Eating Utensils	For overnight camp – spoon, knife, fork, mug, bowl/plate (plastic preferably)
<b>Drink Bottle</b>	1 – 1.5 litre
Pillow	and pillowcase
Lunch & Named Lunchbox	You need to bring your own lunch for the first day; lunch supplied on other days
Biscuits / Home Baking	One packet or equivalent home baking for suppers and snacks during the week.
	(These are to be handed into the kitchen on arrival)
Rubbish bag	For collecting up your washing at the end of the camp!!
ODTIONAL	Mark 21/6 and annual Consider
OPTIONAL	Wetsuit / Sunglasses / Snacks

<sup>\*</sup> These items are available at TOPEC along with wetsuits and appropriate safety gear. DO NOT spend money on expensive outdoor clothing that may not be used again.

**CELLPHONES** – TOPEC encourages cellphones to be left at home. Due to health and safety regulations; if cellphones are brought please be aware that your child will not be contactable during TOPEC activity hours (8.30am-5pm).

If you need to contact your child urgently, you can call the TOPEC office (06) 758

0448 or Grover (director) 021 043 1884.